

2025

Spine Surgery – Mount Sinai School of Medicine Spine Surgery Fellowship, New York, NY
Trauma Surgery – Cooper University Medical Center Orthopedic Trauma Fellowship, Camden, NJ
Trauma Surgery – Rutgers Health – NJMS Orthopedic Trauma & Reconstructive Surgery, Newark, NJ
Hand Surgery – University of Southern California Boyes Hand Surgery Fellowship, Los Angeles, CA

2024

Hand Surgery – University of Florida Hand & Upper Extremity Fellowship, Gainesville, FL
Sports Medicine – Emory University Orthopaedic Sports Medicine Fellowship, Atlanta, GA
Adult Reconstruction – Brown University Adult Reconstruction Fellowship, Providence, RI
Sports Medicine – University at Buffalo Orthopaedic Sports Medicine Fellowship, Buffalo, NY
Sports Medicine – Orthopaedic Research of Virginia Arthroscopy and Sports Medicine Fellowship, Richmond, VA

2023

Hand Surgery – University of Miami/Jackson Health System, Miami, FL
Adult Reconstruction – University of Minnesota, Minneapolis, MN
Hand Surgery - Virginia Commonwealth University, Richmond, VA
Sports Medicine – Southern California Orthopaedic Institute, Van Nuys, CA
Sports Medicine – New England Baptist, Boston, MA

2022

Sports Medicine – Steadman Philippon Orthopaedic Sports Medicine Fellowship, Vail, Colorado
Pediatric Orthopedics – Children’s Hospital Los Angeles, Los Angeles, CA
Trauma – Campbell Clinic, Memphis, TN
Trauma – Wake Forest School of Medicine Trauma Fellowship, Winston-Salem, NC
Trauma – University Hospitals Cleveland Medical Center Orthopedic Trauma Fellowship Cleveland, OH

2021

Hand Surgery – University at Buffalo Hand and Upper Extremity Fellowship, Buffalo, NY
Hand Surgery – Virginia Commonwealth University, Richmond, VA
Adult Reconstruction – University of Kentucky Adult Hip and Knee Reconstruction and Hip Preservation, Lexington, KY
Sports Medicine – University of Iowa Health Care, Iowa City, IA

2020

Hand Surgery – University at Buffalo Hand and Upper Extremity Fellowship, Buffalo, NY
Sports Medicine – Twin Cities Orthopedics, Minneapolis, MN
Adult Reconstruction - Houston Methodist Hospital, Houston, TX
Trauma – Florida Orthopedic Institute/Tampa General Hospital, Tampa, FL

2019

Hand Surgery – Florida Orthopedic Institute, Tampa, FL
Sports Medicine – University of Kentucky, Lexington, KY
Shoulder and Elbow – Hospital of Special Surgery, Manhattan, NY
Spine – Houston Methodist Hospital, Houston, TX

2018

Sports Medicine – Orthopaedic Sports Medicine & Shoulder Surgery Fellowship at Vanderbilt University in Nashville, Tennessee

Sports Medicine – University of Texas Health Science Center at Houston Sports Medicine Fellowship in Houston, Texas

Sports Medicine - The Orthopedic Research Institute of Virginia in Richmond, Virginia

Orthopedic Spine - The University of Utah in Salt Lake City, Utah

2017

Sports Medicine Fellowship - Wake Forest, Winston-Salem, North Carolina

Hand Fellowship – Mount Sinai Medical Center, New York, NY

Shoulder/Elbow Fellowship - San Francisco Shoulder, Elbow & Hand Clinic

Hand/Upper Extremity Fellowship – University of Alabama

2016

Trauma Fellowship - Tampa General Hospital, Tampa, Florida

Adult Reconstruction Fellowship - Duke University in North Carolina

Hand Fellowship - University of Tennessee, Campbell Clinic in Memphis, TN

Shoulder/Elbow Fellowship - NYU

2015

Spine Fellowship - Texas Medical Center, Houston, TX

Hand Fellowship - University of Alabama, Birmingham, AL

Trauma Fellowship - Washington University in St. Louis, Missouri

Hand Fellowship - Baylor College of Medicine, Houston, TX

2014

Sports Medicine at Penn State Milton S. Hershey Medical Center

Trauma Fellowship the following year at Tampa General Hospital, Tampa, FL

Limb Lengthening and Complex Reconstruction Fellowship at Hospital for Special Surgery, New York, NY

Sports Medicine Fellowship – Taos Orthopedic Institute, Taos, New Mexico

2013

Hand & Upper Extremity Fellowship - Tufts Medical Center in Boston, MA

Orthopedic Trauma Fellowship - Tampa General Hospital, Tampa, FL

Sports Medicine - Lake Tahoe Sports Medicine Fellowship, Zephyr Cove, NV

Foot & Ankle Fellowship - Brown University, Providence, RI

Shoulder & Elbow Fellowship - The Carrell Clinic/Baylor Hospital in Dallas, TX

2012

Hand Fellowship - Southern California Hand Fellowship in Los Angeles, CA

Shoulder & Elbow Fellowship - Brown University in Providence, Rhode Island

Hand fellowship - Christine M. Kleinert Institute for Hand & Microsurgery in Louisville, Kentucky

Spine Fellowship - the Spine Institute of Arizona, Phoenix, Arizona

2011

Spine Fellowship - Brown University in Providence, Rhode Island

Foot & Ankle Fellowship - The Orthopedic Foot and Ankle Center, Westerville OH

Shoulder Fellowship - St. Francis Shoulder Fellowship in Columbus, GA

2010

Adult Reconstruction Fellowship - The Cleveland Clinic.
Trauma Fellowship - The University of Rochester, Rochester, NY
Shoulder and Elbow Fellowship - East Bay Shoulder & Elbow Fellowship Program in Orinda, California
Adult Reconstruction Fellowship – Stanford Hospital, Palo Alto, California

2009

Sports Medicine Fellowship - Hughston Clinic in Columbus, Georgia
Sports Medicine Fellowship - The American Sports Medicine Institute in Birmingham Alabama
Sports Medicine Fellowship - TRIA Sports Medicine Fellowship in Bloomington, Minnesota
Adult Reconstruction - Otto E. Aufrance Fellowship in Adult Reconstruction at New England Baptist Hospital in Boston, MA

2008

Shoulder & Elbow Fellowship - East Bay Shoulder Clinic, Oakland, California
Total Joint Fellowship - Brigham & Women's Hospital, Boston Mass
Sports Medicine Fellowship - Southern California Center for Sports Medicine, Long Beach, California
Adult Reconstruction/ Total Joint Fellowship - Cleveland Clinic Foundation, Cleveland, Ohio

2007

Hand Fellowship – Boston Beth Israel-Deaconness Hospital (Affiliated with Harvard Medical School)
Trauma Fellowship - Harborview Medical Center in Seattle
Adult Reconstruction Fellowship - New England Baptist Medical Center in Boston
Adult Reconstruction Fellowship - the University of Virginia

2006

Hand Fellowship - Cleveland Clinic, Ohio
Hand Fellowship - San Diego, California
Spine Fellowship - Texas Back Institute
United States Air Force

2005

Adult Lower Extremity Reconstruction Fellowship - the Scripps Clinic, in San Diego, California
Adult Reconstruction - the New England Baptist Hospital
Sarcoma research and clinical work with Dr. Damron for 2005/06 and then moving on to the University of Washington in Seattle to do a musculoskeletal oncology fellowship.
Spine Fellowship - Rhode Island Hospital

2004

Spine Fellowship in Texas
Spine Fellowship in San Diego, California
Sports Medicine Fellowship in Richmond, Virginia
Sports Medicine Fellowship in Long Beach, California

2003

Spine Fellowship - SUNY Upstate Medical University
Total Joint Fellowship - Lenox Hill Hospital in New York.
Shoulder, Elbow & Sports Fellowship - Columbia Presbyterian Medical Center

Private Practice with Orthopedic & Neurological Center of the Cascades

2002

Fellowship in Pediatric Orthopedics - Boston, MA at The Children's Hospital

Fellowship in Sports Medicine in Long Beach, California

United States Air Force at Misawa Air Force Base in Japan

Hand and Microsurgery Fellowship - the University of Washington in Seattle, Washington

2001

Fellowship in Hand Surgery - Indiana Hand Center in Indianapolis

Fellowship in Sports Medicine - Ohio State University in Columbus

Fellowship in Pediatric Orthopedics - Hospital for Special Surgery in New York

Fellowship in Spine Surgery - New England Baptist in Boston, MA